

### THE TRAINING CORNER

Volume 2 Issue 6 June 2012

# THE DEPARTMENT OF MENTAL HEALTH AND SUBSTANCE ABUSE HAS 11 NEW GRADUATES OF THE PSYCHIATRIC TECHNICIAN ORIENTATION PROGRAM!



Congratulations to, Edward Patague, Gloria Taylor, Arianna Blas, Angilie De Alba, Barbara Whitman, Regis Reyes, Veona Untalan, Marie Taitague, Jonathan Champaco, Yeelyn "Yeg" Bernal, and Romelaine Gaerlan, the recent graduates of Psychiatric Technician Orientation.

The 80-hour training consists of courses in the following topics:

- Direct Support Professionalism
- Safety at Home and in the Community
- Home and Community Living
- Medication Support
- Positive Behavior Support
- Maltreatment of Vulnerable Adults and Children
- Documentation
- Personal Care
- Cultural Competency
- Supporting Healthy Lives
- Person First Language
- Stigma and Mental Illness
- Communication Skills
- Introduction to Mental Illness

Any of these training topics are available to staff in your division. If you are interested in obtaining further details about this training contact Melena Slaven @ 647-5470 or 647-5471.

### THE TRAINING DIVISION NEEDS TO KNOW IF ANY OF YOUR STAFF REQUIRE PCMA TRAINING:

The training division is on hand for those that require Professional Crisis Management training. There are no concrete dates set in the future so if you would like to adjust your calendars please contact the training division at 647-5741 or e-mail <a href="mailto:roberta.guzman@mail.dmhsa.guam.gov">roberta.guzman@mail.dmhsa.guam.gov</a> to have a training date set up. The training is four days long from 8:00 A.M. until 5:00 P.M. the first three days and 8:00 A.M. until 12:00 Noon the last day.

# THERE ARE 15 MORE NEW PYSCH TECHS THAT HAVE BEEN PROFESSIONALLY CRISIS MANAGEMENT (PCM) TRAINED!



Keeping with the provisions of the Amended Permanent Injunction, the Department of Mental Health and I Famagu'on-ta/Child-Adolescent Services Division had an additional 15 personnel certified in Professional Crisis Management. "The training requires a lot of physical training besides studying to pass a written test" says Joseph Foster, the Education Resource Officer. Some of our members weren't expecting the movements to be so difficult but the practical testing went well enough for almost all of the personnel to have their paperwork sent off to Florida for further evaluation. Five (5) of the personnel who completed their training was from I Famagu'on-ta and the remaining ten (10) personnel were psychiatric technicians. Although the need to utilize the transportation methods taught in Professional Crisis Management is never likely to occur with personnel from I Famagu'on-ta, "it is far better to have the training and not need it than to need it and not have it!" Mr. Foster explains. The Department of Mental Health and Substance Abuse, and its associated units have trained over 100 personnel since October 2011. The following 15 personnel were trained during the month of June:

Chad Palomo Marie Taitague

Carolyne Zieber Jonathan Champaco

Nathan Wolford Nanette Flores

Gloria Taylor Barbara Whitman

Junazon L. Hautea Veona Untalan

Jane G. Moore Yeelyn Bernal

Amy Sue B. Santos Romelain Gaerlan

Regis Reyes

### THE TRAINING ROOM NOW HAS "DOWNVIEW" COMPUTER TABLES FOR PERSONNEL TO TRAIN!



The training room 110 in the Department of Mental Health and Substance Abuse has 10 new "down-view" computer desks. The use of these desks will be instrumental in training psychiatric technicians as well as psychologists utilizing the internet for training. "It's the right step forward" says Dr. James Kiffer, Federal Management Team Leader. "The need for innovation inside of the organization is being met as swiftly as possible and the addition of these tables will be instrumental in utilizing on-line training in the future," says Mr. Foster, Education Resource Officer.

## MOTIVATIONAL INTERVIEWING SPECIALIST, MICHAEL CLARK, VISITED GUAM MAY 21-24, 2012



Michael Clark paid the island of Guam a visit the latter part of May 2012. He met nearly 70 personnel from various organizations around the island and taught them the art of motivational interviewing. The venue for the training was at the University of Guam in Mangilao and the attendees were grateful to have such a prolific speaker visiting from so far away. Personnel attending the training were:

### 21 & 22 May 2012

Tamara D. Santos Alex Cabrera Kathleen Tolosa	Simion Kachiosy Jean Quitugua Veona Untalan Daniel Duenas Klein Mallare Lou Hongyee Olivia D. Cruz Mark Mesngon O.J. Taitano Jennifer Livan	Lucy Araneta Eleanor Tevid Juanita Domingo Castro Marilyn Miral Linda Laba Amy Sue B. Santos Amanda Licea Shirley Lee Dalia Del Rosario Consuelo Rabara
Linda Rodriguez Nadine Cepeda	Jennifer Liyan Sylvia Quinata	Consuelo Rabara
	Sherileen Torres Marie Taitague Ovita Perez Rosemarie Guilliot Vince B. Manibusan Tamara D. Santos Alex Cabrera Kathleen Tolosa Linda Rodriguez	Sherileen Torres Marie Taitague Ovita Perez Rosemarie Guilliot Vince B. Manibusan Tamara D. Santos Alex Cabrera Kathleen Tolosa Linda Rodriguez  Jean Quitugua Veona Untalan Daniel Duenas Klein Mallare Lou Hongyee Olivia D. Cruz Mark Mesngon O.J. Taitano Jennifer Liyan

### 23 & 24 May 2012

Monica Cruz	Athena Diaz	Colleen San Agustin	Dawn Cruz
Julie Laurente	Eileen V. Escalera	David Johnson	Lyndsey Miller
Reina Sanchez	Annamarie Kenny	Jean Wycoff	<b>Edward Santos</b>
Valerie Reyes	Wendy Legaspi	William Sabang	Tracy Quitugua
Athena Duenas	Leinani Naholowa'a	Rosemarie Guilliot	Tony Cruz
Ovita Perez	Frances Munoz	Vince Manibusan	Nadine Cepeda
Sandra Santos	Sylvia Quinata	O.J. Taitano	

### Did you know?

#### Substance Abuse

- Stop Underage Drinking a comprehensive portal of Federal resources for information on underage drinking and ideas for combating this issue.
- o <u>The Strategic Prevention Framework (SPF)</u> uses a five-step process known to promote youth development, reduce risk-taking behaviors, build assets and resilience, and prevent problem behaviors across the life span.
- o Find Youth Info promotes the goal of positive, healthy outcomes for youth.
- Safe Schools/Healthy Students a grant program designed to prevent violence and substance abuse among our Nation's youth, schools, and communities.
- Too Smart to Start helps youth, families, educators, and communities prevent underage alcohol use and its related problems.
- Building Blocks for a Healthy Future provides parents, caregivers, and teachers of children aged 3 to 6 the
  opportunity to find lots of great tips, materials, and ideas for spending time with their children and learning
  together.
- National Registry of Effective Programs and Practices a searchable online registry of more than 160 interventions supporting mental health promotion, substance abuse prevention, and mental health and substance abuse treatment.
- Communities That Care (CTC) a coalition-based community prevention operating system that uses a public
  health approach to prevent youth problem behaviors including underage drinking, tobacco use, violence,
  delinquency, school dropout and substance abuse.
- Prevention Management Reporting and Training System provides substance abuse prevention resources, data collection, and reporting services.
- Center for the Application of Prevention Technologies provides responsive, tailored, and outcomes-focused training and technical assistance to prevent and reduce substance abuse and associated public health issues across the lifespan.
- Fetal Alcohol Spectrum Disorders information and resources about the prevention and treatment of FASD.
- <u>Drug-Free Workplace</u> addressing substance abuse prevention in the workplace through comprehensive drug-free and health/wellness workplace programs.
- Native American Center for Excellence a national resource center for up-to-date information on American Indian and Alaska Native (AI/AN) substance abuse prevention programs, practices, and policies.

- o <u>Medication Assisted Treatment</u> the use of medications, in combination with counseling and behavioral therapies, to provide a whole-patient approach to the treatment of substance use disorders.
- Screening, Brief Intervention, and Referral to Treatment (SBIRT) is a comprehensive, integrated, public health approach to the delivery of early intervention and treatment services for persons with substance use disorders, as well as those who are at risk of developing these disorders. Primary care centers, hospital emergency rooms, trauma centers, and other community settings provide opportunities for early intervention with at-risk substance users before more severe consequences occur.

#### **JUNE 2012**

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	20	2,		